Preparing for the “Cast Away Life”
Separated by...

- Failed Bridges
- Landslides
- Debris
- Hazardous Materials
Prepare for the “Cast Away” Life

Psychological
- Communication Plan
- Meeting Place
- Emotional Recovery

Physical
- Shelter & Warmth
- Water & Food
- Medical & Sanitation
Have a Family Plan

• Communication Plan
  – Out of Area Contact
  – Photo
  – Insurance Info
• Update School Info
• Identify Meeting Places
Have an Out of Area Contact!
Emotional Recovery

Imagine Extended Camp Life without infrastructure

Give Everyone a Job!
Without Utilities

- No Running Water
- No Electricity
- No Communications
- No Sewer System
- No Garbage Pick-up
- No Fuel
- No Groceries in the Store
- No Pharmacy
Living Outside
Protection from the Rain
Make-shift Shelter

This is not a viable solution on the Washington Coast – WIND!
Shelter & Warmth

Tube Tent

High Occupancy Tent
Water

Water Filter Straw

55-Gallon Barrel of Water
Food
Sanitation
First Aid & Medications
Personal Preparedness
But what can I do?

- Go-Kit – **minimum** of 72 hours
  - Car
  - Office
  - Home
    - ✓ Have 3 weeks worth of:
      - Food
      - Water
      - Medicine
      - Anything else you deem a necessity

What do you consider a necessity? *(got a pet?)*

http://www.emd.wa.gov/preparedness/prep_pets.shtml
# Build a Kit on a Budget!

<table>
<thead>
<tr>
<th>What:</th>
<th>Where:</th>
<th>Price:</th>
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<tbody>
<tr>
<td>Utility Knife</td>
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<td>$.36</td>
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<td>Radio</td>
<td>Walgreens</td>
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<td>Whistle</td>
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<td>Food</td>
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<td>Water (1 Gallon)</td>
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<td>Leather Gloves</td>
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<td>Survival Blanket</td>
<td>Walmart</td>
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<td>Backpack / Bag</td>
<td>Goodwill</td>
<td>$2.20</td>
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<td>Total:</td>
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Please Note: The State of Washington does not endorse specific companies. This list is provided as a reference of what we found and where we found it. You may have the same, or even better, results with these or other stores.
Strengthen Your Community

- Map Your Neighborhood
- Cache of Supplies
  - Neighborhood Caches
  - School Caches
- Vertical Evacuation Options
- Drills
- Seismic Strengthening
Get to know your Neighbors...
And even though...
Neighborhood Preparedness

• First Responders may be overwhelmed and unable to immediately assist individuals.
• Neighbors will be the first ones to offer assistance.
• Map Your Neighborhood program provides excellent guidance.

In a disaster, your most immediate source of help are the neighbors living around you.
Build Response Capacity

• Community Emergency Response Team
• Red Cross
  – Shelter Ops & Management
  – First Aid
• Amateur Radio Operator
• Post-Earthquake Building Evaluations

Animals in Disasters
http://www.ready.gov/caring-animals
Summary

**Distant Event**
- Understand Distant Tsunami
- Plan for Before, During & After

**Local Event**
- Survive a Cascadia Earthquake
- Escape a Local Tsunami
- Prepare for Island Life
Will Your Behavior Change?

- Mass Notification Systems
- Prevention & Mitigation Actions
- Drop, Cover, Hold
- Practice Evacuation Routes
- Communication Plan
- Gather Supplies
- Build Community Capacity
Public Education Saves Lives

Help reduce the impact of a tsunami in your community